Mentor Interest Form

Name: __________________________________________

The following information will assist the Mentoring Committee with matching mentors and protégés.

Describe any highlights from your career or specific knowledge/skills/experience that you bring to a mentoring relationship.

Please rate yourself in the following areas in terms of your strengths using a 3-pt scale where 1 = Low Strength; 2 = Moderate Strength; 3 = High Strength.

_____ Research
_____ Teaching
_____ Clinical Practice
_____ Administrative Service
_____ Service
_____ Self-Management (Work-Life Balance, Time Management, and Self-Development)

Place a “✓” by the items that most accurately describe you. I…

__ 1. Have held leadership positions during my career.
__ 2. Have a large network of professional contacts.
__ 3. Am an “expert” in my job/field.
__ 4. Have widespread knowledge about departmental history, culture, and processes.
__ 5. Possess strong interpersonal skills.
__ 6. Demonstrate strong communication skills.
__ 7. Enjoy meeting new people and socializing.
__ 8. Do not mind openly sharing information about myself with a protégé.
__ 9. Can help a protégé with interpersonal skill building at work.
__10. Am comfortable providing critical feedback to a protégé.
__11. Am willing to provide regular encouragement and emotional support to a protégé.
__12. Am good at motivating and energizing a protégé.
__13. Am available and responsive to meet with a protégé.
__14. Am willing to honor the career path of a protégé.
__15. Am willing to use both an expert and Socratic Method of coaching with a protégé.
__16. Don’t mind holding the protégé accountable for action items that were identified.
__17. Will not break the confidentiality of a protégé, as appropriate.
__18. Am willing to discuss the protégé’s career goals and help set plans for achieving those.
__19. Can help a protégé understand how his/her career path fits with university strategy.
__20. Will exhibit patience when teaching protégé new skills.

(see reverse)
Additional comments or information that you would like to share with the mentoring committee: