SLU OTTIS
Occupational Therapy Transition & Integration Services

**Goal:** To empower justice-involved individuals’ engagement in the things they want and need to do, such as finding and maintaining meaningful work, managing stress, increasing use of time management and problem solving skills, or communicating with others throughout incarceration and their transition to the community.

**What do we do?**

- As part of TJI, the OTTIS reentry program provides pre and post release occupational therapy services to individuals transitioning from institutional related settings to the community.
  - OTTIS uses holistic occupational therapy (OT) services.
  - OTs possess expertise in assessment, evaluation, and intervention regarding mental, cognitive, physical, and socio-emotional health, as well as environmental and activity analysis/adaptation, uniquely equipping them to promote an individual’s engagement in employment, education, healthcare, family, social, and leisure related activities.
- Our occupational therapists work with clients in local jails, prisons, halfway houses, and substance use facilities. Services facilitate individuals’ ability to:
  - Develop skillsets important to reentry such as vocational, time management, educational, and communication skills
  - Understand, establish, and maintain a relationship with community partners applicable to personal goals

**JLWOP Services:**

In addition, OTTIS prepares individuals sentenced for juvenile life without parole - JLWOPs originally serving life sentences and now having the option to petition for parole and transition to the community. We use a telehealth process by initiating meeting with clients in person in prison and continuing services via distance technology.

**WEBSITE**

**ARTICLES**
- SLU Establishes Reentry Program To Help Incarcerated Individuals
- SLU Initiative at Jail Removes Barriers To Success
- SLU Jail Officer Health Research Addresses PTSD

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