

Amy Suzanne Berkley, PhD, RN, MSN
Assistant Professor

PUBLICATIONS – Refereed Articles

Berkley, A., Carter, P. (2023) Assessing sleep quality in older adults: A comparison of three measurement approaches. *International Journal of Aging and Human Development*, 97(1): 52-64.

Coleman, C., Hein, M., Shaw, C., Beachy, T., Perkhounkova, Y., **Berkley, A.,** Williams, K. (2022) Developing and testing remote implementation for the Changing Talk Online (CHATO) communication intervention for nursing home staff: A pilot pragmatic randomized controlled trial, *Innovation in Aging*, igac026, PMID in progress.

Berkley, A., (2021) Sleep, aging, and daily functioning. *Nursing Clinics of North America*, 56 287-298.

Coleman, C., Aly, I., Dunham, A., Inderhees, K., Richardson, M., Wilson, P., **Berkley, A.,** Savundranayagam, M., Wilson, K. (2021). Developing behavioral coding to understand family communication breakdown in dementia care. *Western Journal of Nursing Research*, 44 (3) 250-259.

Williams, K., Coleman, C., Shaw, C., Perkhounkova, Y., Hein, M., Cramer, E., Carnahan, R., Lee, R., Beachy, T., Ansari, **Berkley, A.,** and Kantartjis, M. (2021) Changing talk online training: A cluster pragmatic trial testing communication training to reduce behavioral and psychological symptoms of dementia in nursing home care. *Contemporary Clinical Trials*, 109:106550, PMID8599177.

Williams, K., Coleman, C., Perkhounkova, Y., Beachy, T., Hein, M., Shaw, C., **Berkley, A.** (2021). Moving online: A pilot clinical trial of the changing talk online (CHATO) communication education for nursing home staff. *The Gerontologist*. 61 (8) 1338-1345.

Berkley, A., Carter, P. (2020). Napping stigma among frail older adults: Reflections from a qualitative study. *Sleep*, 43 (Supl) A319-A320.

Berkley, A., Carter, P., Yoder, L., Acton, G., & Holahan, C. (2020). The effects of insomnia on older adults' quality of life and daily functioning: A mixed-methods study. *Geriatric Nursing*, 41 (6) 832-838.

Carter, P., **Berkley, A.,** (2018) College Student Sleep: Does it change over the semester? *Sleep*, 41 (Sup1) A272.

Xie, B., **Berkley, A.,** Kwak, J., Fleischmann, K., Champion, J., & Koltai, K. (2018). End-of-life decision making by family caregivers of persons with advanced dementia: A systematic review. *Sage Open Medicine*, 6 1-9.

Berkley, A. (2018). Disability, dependence, and grief (book review). *Resources for Gender and Women's Studies: A Feminist Review* 39(1) 9-10.

Radhakrishnan, K., Xie, B., **Berkley, A.,** Kim, M. (2016). Barriers and facilitators for sustainability of tele-homecare programs: A systematic review. *Health Services Research Journal* 51 (1) 48-75.

COMPETITIVE WORKSHOPS AND FELLOWSHIPS

The National Institute on Aging IMPACT Collaboratory Training Workshop & Retreat- 2021, 2022, 2023 - “Building Skills to Conduct Embedded Pragmatic Clinical Trials for People Living with Dementia and their Caregivers”.

The Sleep Research Society Trainee Symposia 2020 - Fostering scientific investigation, professional education, and career development in sleep and circadian research and academic sleep medicine.

PRESENTATIONS & CONFERENCE PAPERS

The Gerontology Society of America Annual Conference – Tampa, FL November 2023. “TheraNap: An educational sleep health intervention for frail older adults” Poster presentation. **Berkley, A.**

Midwestern Nurses Research Society Conference - Des Moines, IA March 2023. “Napping Stigma Among Frail Older Adults: TheraNap”. Poster presentation. **Berkley, A.**

Alzheimer’s Association International Conference – virtual July 2021. “Characterizing Communication in Dementia Family Caregiving: Identifying Breakdown and Repairs using the Trouble Source Repair (TSR) Framework via Video Observations”. Coleman, C., Williams, K., **Berkley, A.**, Dunham, A., Savundranayagam, M.

Midwestern Nurses Research Society Conference – virtual March 2021. “Quizzing of People Living with Dementia: A Secondary Content Analysis”. 20x20 podium presentation. **Berkley, A.**, Coleman, C., Nguyen, N., Williams, K.

Midwestern Nurses Research Society Conference – virtual March 2021. “Determining the Effectiveness of Presenting Requests to People Living with Dementia: A Secondary Analysis”. Poster presentation. Moeder, M., **Berkley, A.**, Coleman, C., Williams, K.

Midwestern Nurses Research Society Conference – virtual March 2021. “Developing a Web App for Targeted Nursing Home Recruitment During the COVID-19 Pandemic”. Poster presentation. Kantartjis, M., Shaw, C., **Berkley, A.**, Coleman, C., Papke, T., Williams, K.

The Gerontology Society of America Annual Conference – virtual November 2020. “Assessing Sleep Quality in Older Adults: A Comparison of Three Measurement Approaches”. Poster presentation. **Berkley, A.**, Carter, P.

The Gerontology Society of America Annual Conference – virtual November 2020. “Measuring Caregiver Person-Centered Communication for Persons with Dementia via Video Observations.” Poster presentation. Jao, Y-L, Coleman, C., Williams, K.N., Berish, D., Liu, W., **Berkley, A.**, & Liao, Y-J.

The National Hartford Center for Gerontological Nursing Excellence Leadership Conference – virtual October 2020. “Relationship Challenges Between Aging Mothers and Their Adult Daughters: A Qualitative Synthesis”. Poster presentation. **Berkley, A.**

Sleep! 2020 - virtual August 2020. “Napping Stigma Among Frail Older Adults: Reflections from a Qualitative Study”. Poster presentation. **Berkley, A.**, Carter, P.

The Alzheimer’s Association International Conference – virtual September 2020. “Changing Talk: Online Training (CHATO): Developing and Testing an Implementation Strategy for a National Randomized Control Trial”. Coleman, C., Williams, K., Beachy, T., Perkhounkova, Y., Shaw, C., & **Berkley, A.**

Midwestern Nurses Research Society Conference - virtual April 2020. "Effect of Insomnia on Older Adults' Quality of Life and Daily Functioning". 20x20 podium presentation. **Berkley, A.**, Carter, P.

The Gerontology Society of America Annual Conference - Austin, TX, November 2019. "I Know You're Not Supposed To, But..." Napping Stigma Among Older Adults: Reflections from A Qualitative Study". Podium presentation to the Sleep & Circadian Rhythms Interest Group. **Berkley, A.**

Sigma's 30th International Nursing Research Congress - Calgary, Canada, July 2019. "The Effects of Insomnia on Older Adults' Quality of Life and Cognitive Function". Abstract accepted for poster and rapid discussion session panel. **Berkley, A.**, Carter, P.

Midwestern Nurses Research Society Conference - Kansas City, MO, March 2019. "Exploring the Effects of Insomnia on Older Adults' Quality of Life: A Qualitative Study". Poster presentation. **Berkley, A.**, Carter, P.

Sleep! 2018 - Baltimore, MD, June 2018. "College Student Sleep: Does it Change Over the Semester?" Poster presentation. Carter, P., **Berkley, A.**

Southern Nurses Research Society Conference - Atlanta, GA, March 2018. "Insomnia in Older Adults". Poster presentation. **Berkley, A.**, Carter, P.

Sigma Theta Tau International Conference - Indianapolis, IN, September 2014. "Reducing Antipsychotic Use in Long-term Care with Increased CNA Engagement". Poster presentation. **Berkley, A.**