Laboratory Safety & Compliance

Saint Louis University Environmental Health and Safety Research Integrity and Safety Group Office of the Vice President for Research South Campus - Caroline C305

Other Training Offered

- Bloodborne Pathogens Awareness Training
- Infectious Materials Shippers Training
- Radiation Safety Orientation
- ▶ BSL-3 Facility Awareness Training
- ▶ ABSL-3 Facility Awareness Training
- Select Agent and High Containment Awareness Training
- Laser Safety Training

What are the Regulatory and **Training Requirements** For Laboratory Employees?

Occupational Safety and Health Administration

Bloodborne Pathogens Standard (29 CFR 1910.1030)

- Applies to **all** employees who have a risk of occupational exposure to blood or other potentially infectious materials (OPIM)
- "Bloodborne Pathogens Awareness" training
 - Required annually
 - Available online
- Exposure Control Plan (available online)



6

Occupational Safety and Health Administration

Laboratory Standard (29 CFR 1910.1450) Occupational Exposure to Hazardous Chemicals in Laboratories

Chemical Hygiene Plan (available online)

- Hazard Communication Standard (29 CFR 1910.1200) Discloses toxic and hazardous substances in the workplace Includes requirements for training, labels, safety data sheet retention, and exposure monitoring
- Globally Harmonized System (GHS)
 - Pictograms Signal Words
 - Warning less severeDanger more severe

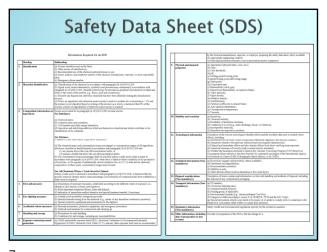
 - Standardized Safety Data Sheets (SDS)



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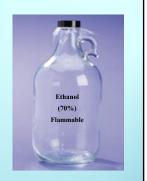


GHS - Hazard Pictograms and correlated exemplary Hazard Classes



Labeling Chemical Containers

- Chemical Names
- No abbreviations
- List all components
- Chemical Concentration (if applicable)
- Hazards



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Chemical Exposure Monitoring

- Exposure monitoring is available for all employees working with chemicals
- Chemical Monitoring Devices (badges) are used to monitor an employee's work exposure
- Results are compared to the OSHA Permissible Exposure Limits (PEL's) that are found on the Safety Data Sheets
- Contact EHS with any Indoor Air Quality concerns



9

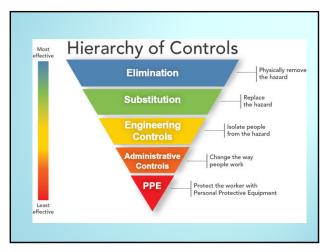
Exposures
(Biological, Chemical, or Radioactive)

Inhalation (Breathe in a hazard)
Remove exposed personnel to fresh air
Ingestion (Swallow a hazard)
Improperly stored/handled items
Inadequate handwashing before eating
Contact Public Safety immediately (977–3000)

Skin or Eye Contact (Absorbed through direct skin or eye contact)
Improperly stored/handled items
Splashes/spills
Wash/flush the area with water

Injection (Contaminated object breaks the skin)
Needles, broken glass, animal bites/scratches, etc.
Wash the area with soap and water

10



Personal Protective Equipment

Eye Protection

Wear what is appropriate for the hazard (safety glasses, goggles, etc.)

Gloves

Nitrile, Latex, Vinyl, etc.

Lab Coats

Respiratory Protection

Medical Questionnaire
Respirator Fit Test
Respirator Training

Closed-Toed Shoes

Pants

No shorts in laboratory

11 12

Personal Protective Equipment

- Choose proper gloves
- Inspect gloves before and during use
- All gloves are porous -**CHANGE REGULARLY**
- Do not re-use disposable
- Do not wear gloves outside the laboratory
- Wash hands regularly







Laboratory Inspections

- Inspection forms are available on the EHS website
 - Review the inspection items
 - Keep compliance records in the
 - Training certificates, Safety Data Sheets
 - A fume hood test will be conducted annually





14 13

Laboratory Hazard Signage



- Contact EHS to update signage
- Lab Contact can be a lab phone number
- **Emergency Contact** should be a cell number reachable

Chemical Storage in the Lab



Use designated storage cabinets

Check on the condition of your chemicals periodically

for acids and flammables

- Designate storage for food and beverages outside of the lab Keep hazardous chemicals
- below eye level
- Store incompatibles in separate containment



15

Gas Cylinders

- Ensure contents of cylinders are properly identified
- Keep cylinders capped until gas is ready to be
- Keep gas cylinders upright and secure at all
- Use cylinder carts to move cylinders Do Not "Roll" or "Walk" cylinders
- Do not force connection fittings or tamper with safety devices in cylinder valves or regulators





16

Fume Hood Guidelines



- All containers must be capped, labeled, and in good condition
- Do not block the opening at the back of the hood
- Keep the fume hood organized and clean regularly

Safety Shower / Eyewash Station

- Document weekly inspections of the eyewash in your laboratory Ensure it is functioning properly
- Allow debris to be flushed from the plumbing weekly and after building water has been shut off
- Do not block access to the safety shower/eyewash
- Facilities Service Request
- myslu.slu.edu
- 977-2955 (Urgent Requests!)

Name	Date	Pass/Fail	Work Order
Nime	Date	Passinan	(977-2955)
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		-	
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Laboratory Specific Training

- Must be completed and documented for all personnel working in the lab
- Identify hazards and safety features present in your lab
- Review SOPs for work with certain chemicals:
 - carcinogens

20

cryogenics gas cylinders

Detection	a the prevence or referre of a hazardous chemical and how to report concerns
Comp	loc oder, celer change, etc.)
Dologo	of and chemical spill procedures
Laborat	ory specific standard operating procedures (SOPs) and or protocols
derived	offic bioxidity training (i.e. agost, signs and symptoms of exposure, business materials)
Approp	into personal protective conjument (PPE) use and storage location
Lecation	of the nearest era wash station, safety shower and fire extinosisher
	of emergency contact information, (i.e., Pt. OEHS, DPSCP, Employee Health
All appl	icable emergency procedures
Proper :	torage of hazardous chemicals (computibility, conditions) within the lab
Proper i	ne of specific laboratory equipment
	ptable location for food and drinks. These items cannot be in the lab.

19

ChemKlenz

- Currently available in all buildings with laboratories look for the green wall mounted bottle holders
- Use ChemKlenz for small spills and contact EHS for disposal instructions and to report the spill
- Do not use for mercury, biological, or radioactive spills
- Waste is considered hazardous and must be disposed of by Environmental Health and Safety
- For large spills, contact DPS at 314-977-3000





TOXIC

Mercury Thermometer Trade-In





21

22

Hazardous Waste

- Any waste (liquid, solid, gas, sludge) that because of its quantity or characteristics may pose a threat to human health or the environment
- Items that are ignitable, corrosive, reactive, toxic, or biological in origin
- Examples include, but are not limited to:

 Flammable and non-flammable organic solvents

- Flammable and non-flammable organic solvents
 Corrosives acids & bases (caustics)
 Oxidizers nitric acid, nitrates, hydrogen peroxide, sulfuric acid
 Reactives hydrides, azides, picric acid
 Toxics poisons, mutagens, carcinogens, dyes and stains
 Controlled substances
- Heavy metals Ag, As, Ba, Cd, Cr, Pb, Hg, Se Acutely hazardous chemicals UV germicidal lamps/sodium vapor lamps

- Paper and cloth rags used to clean solvent spills Photo-fixer, photo-developer, x-ray film



- How do I Label Chemical Waste Properly?
 - As the generator, you are responsible for chemical waste in your satellite accumulation area. It is your responsibility to:
 - Determine what is "HAZARDOUS WASTE" and label the container properly.
 - Include all the chemical components (solvents, buffers, etc.)
 - Include the accumulation start date Month/Day/Year
 - Request a chemical waste pickup before starting a second container.



Laboratory Waste Disposal

All Hazardous Waste Must Be Collected by Environmental Safety for proper disposal

Do NOT put hazardous chemicals down sewer drain!

Dilution/Evaporation is NOT the solution !!!

CONTACT ENVIRONMENTAL SAFETY FIRST!!!

25 26



Electronics Recycling

Alkaline Batteries

Other Batteries

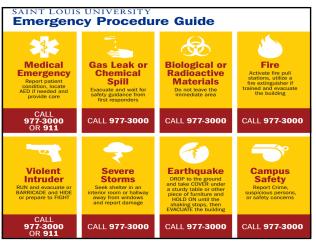
Equipment

Facilities Service

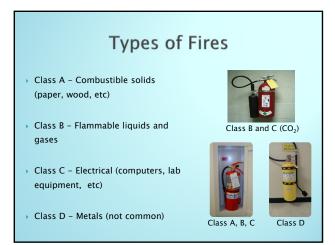
Frequest

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Fire Safety Reminders

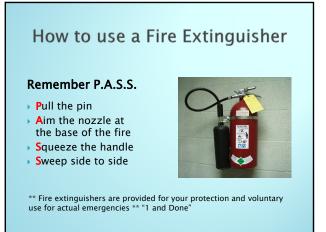
Corridors/Stairways
Designated safe areas for egress
Must not be used for storage
Remove combustible materials
and chemicals
Do not stage equipment in the hallways when being received/moved

Plan ahead!

Know location (before an emergency):
Evacuation route
Fire extinguishers
Pull stations (may not be on every floor)
Fire exits / Evacuation routes

Keep fire doors closed

31 32



General Radiation Safety Awareness

Restricted Areas

These signs indicate restricted areas where radioactive materials are used and stored.

Do not be afraid to enter these areas; take appropriate precautions and be respectful of the presence of radioactive material.

Radioactive Work Areas and Waste Storage Areas

Radioactive work areas and waste storage areas are labeled for your safety.

Do not attempt to handle equipment or labware in radioactive work areas unless you are trained and authorized.

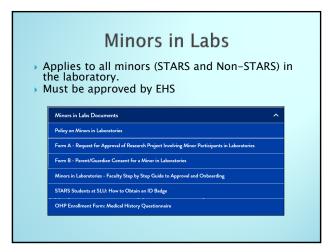
Do not lean on countertops in radioactive work areas.

Do not attempt to handle radioactive waste or containers unless you are trained and authorized.

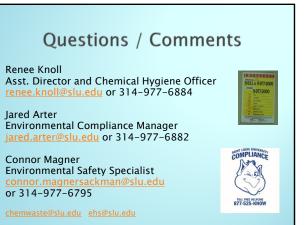
Do not handle any items marked "RADIOACTIVE" whether handwritten or marked with yellow/magenta trefoil labels unless you are trained and authorized to do so.

33 34





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Biological Safety

37

Biosafety training outline

- Risk groups and biosafety levels
- Work practices and procedures
- Regulatory aspects, standards & guidelines

Risk Groups and **Biosafety levels**

38

40

Risk Groups (RG) and Biosafety levels (BSL)

Definitions

- <u>Biohazard</u> An agent of biological origin that has the capacity to produce harmful effects on humans or the environment.
- Biosafety The application of knowledge, techniques and equipment to prevent personal, laboratory and environmental exposure to potentially infectious agents or biohazards.

Laboratory Acquired Infections (LAI) Exposures: Most are acquired via inhalation Other: ingestion, inoculation (sharps), splashes, direct & indirect contact 51% LAIs occur in research laboratories Viral:

- 16% from clinical labs
- 70% from research labs
- 32% from animal related activities Bacterial: 76% from clinical labs 8% from research labs Other: Parasites Molds

42

41

Risk Groups & Biosafety Levels

- The Risk Group (RG) of an agent is an important factor to be considered during the biosafety risk assessment process.
- Biological agents and toxins are assigned to their relevant Risk Groups based on their ability to cause disease in healthy human adults and spread within the community.
- Biosafety Levels (BSL) are ways to contain the agent facilities, safety equipment, practices, PPE, etc.
- Once risk is assessed then the appropriate BSL is determined
- Risk Groups are used in risk assessment
- BSL are used in risk management

NIH Risk Groups

- RG1 agents not associated with disease in healthy adults
 - RG1 ex. -adeno-associated viruses (AAV), Baculoviruses
- > RG2- agents associated with human disease which is rarely serious
 - preventive/therapeutic interventions are often available
 - · RG2 ex. human origin cells (BBP), influenza, Zika virus
- > RG3- agents associated with serious or lethal human disease
 - preventive/therapeutic interventions mav be available
 - RG3 ex. SARS-CoV-2, Mycobacterium tuberculosis, SARS*
- > RG4- agents cause serious or lethal human disease
 - preventive/therapeutic interventions not usually available
 - · RG4 ex. Ebola, Marburg, Lassa

43 44

Safe Work Practices for all Biosafety Levels

- Wash hands after work; when removing gloves; before leaving lab
- No eating, drinking, applying cosmetics, handling contact lenses
- No plants or animals in laboratories that are not part of the research
- Maintain labs in clean, orderly fashion
- Limit access to lab when work with organisms is in progress
- Use good microbiological techniques (No mouth pipetting)
- Use plastic instead of glass when possible
- Dispose of sharps properly
- Plan your work Know in advance what you are working with

Biosafety Levels (BSL)

LOWEST Basic Laboratories

Containment

Laboratories

HIGHEST

46

48

BSL-2 Specific agent training for the lab

Standard microbiological practices

Work is typically done on the open bench

General laboratory safety & hand washing

- Biosafety cabinets (BSC) used Prevention of aerosol/splash exposures PPE, primary & secondary containment
- BSL-3
 - Specialized training and approval required Additional PPE, all work within BSC
- BSL-4

Not at SLU (specialized labs, suits, etc.)

45

Work Practices and Procedures



Biosafety Concepts

Biosafety in Microbiological and Biomedical Laboratories (BMBL)

Standard Microbiological Practices

- Awareness of potential hazards
- Trained & proficient in techniques
- Supervisors responsible for:
 - Appropriate Laboratory facilities Personnel & Training
- Special practices & precautions Occupational Health Programs



Biosafety Issues

The BMBL

Safety Equipment

- Minimize exposure to hazard
 Prevent contact/Contain aerosols
- Primary Containment Barrier
 Biological Safety Cabinets
- Engineering controls/equipment
- Personal Protective Equipment (PPE)
 Gloves, gowns, respirator, face shield, shoe covers
- Covered or ventilated animal cage systems





Sharps Safety

- Approved sharps containers are puncture & leakresistant and should be used for the disposal of metal sharps such as scalpels, razor blades and needles.
- Contaminated glass should also be placed in the sharps container for safe disposal.
- The sharps container should be near the working area to avoid carrying sharps.
- Do not recap needles.

50

52

- If metal sharps are found in the regular trash Housekeeping will not remove trash & will contact EHS
- Do not leave exposed sharps on the bench.







49

Proper Biowaste Handling

ALL BIOLOGICAL MATERIAL MUST BE DISPOSED OF PROPERLY

- Solid Waste (two options):
- Stericycle (biohazard boxes)
 - Autoclave (steam sterilization)
- Liquid biological waste:
 - 1:9/10% bleach concentration (final concentrations)
 - · Hold 24 hours, then pour down the sink with running water

Stericycle Box Handling

- Biohazard packaging materials (boxes, bags, manifests and labels) are obtained from EHS
- DOT requires twisting & tying the red bag in a single knot minutes upside down holding water
- 45 Lbs. (lift with one hand test).
- Close and tape box as per instructions of box
- No red bag should show once the box is sealed.
- Affix Stericycle label on the side of the box in the marked area with date visible
 - Submit biowaste pickup request through EHS "Biological Waste Pickup" form







51

Autoclaved solid waste

- Biohazardous waste should be collected in a red biohazard bag and autoclaved.
- Autoclaves need to validated weekly and results documented.
- Autoclaved waste should be then placed into a black plastic trash bag.
 Then it can then go into the regular trash.
- > Sharps still need to be placed in a sharps approved container.

Biohazard Labels

- OSHA requires biohazard labels to be affixed to containers, refrigerators and freezers containing human BBPs or OPIMs
- 29 CFR 1910.1030(g)(1)(i)(A)
- Labels shall be fluorescent orange or orange-red with lettering and symbols in a contrasting color.
- BSL-2 (agents in use) and BSL-3 laboratories require biohazard labels as noted in the BMBL, 6th ed., 2020.



53 54

Surface Decontamination

- 10% Bleach, 70% Ethanol
- Halogens (Sodium and Calcium hypochlorite)
- Quaternary Ammonium Compounds
- Aldehydes (Formalin)
- Hydrogen peroxide
- BOTTOM LINE Use a disinfectant that is proven to provide kill of the agent with which you're working.



Aerosol Generating Procedures

- Pipetting (vigorous mixing)
- Mixing & vortexing
- Centrifugation
- Inoculating biochemicals or blood culture bottles
- Pouring of specimens
- Flaming loops

56

- Open bench subculturing
- Hot loop into broth or media
- Loading syringes
- Flow cytometry & sorting
- Lasers
- Grinding and homogenizing
- Opening lyophilized cultures
- Entering / opening vessels at non-ambient pressures
- Bone saw at autopsy
- Sonication

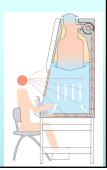




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Biosafety Cabinet Use

- BSCs must be tested and certified at the time of installation, any time it is moved, and at least annually.
- No flammable compressed gas
 Flames disrupt air flow and may damage
 HEPA filter
- Keep vents clear of tools/debris this prevents proper airflow
- Use appropriate disinfectant
- Wear PPE (gloves, gown/coat)



Vacuum use

- Begin with fresh bleach in the flask final concentration should be 10% bleach
- Empty frequently to avoid contamination
- Label the contents
- HEPA filters should be in-line to protect the house vacuum and a second overflow flask is also useful
- Use coated glass and/or secondary containment if stored on the floor





57 58

Regulatory aspects, standards & guidelines



Research & Regulatory Oversight

- Occupational Safety and Health Administration (OSHA)
 - Bloodborne Pathogens and the Laboratory Standard for working with SA Toxins
- Department of Health Human Services (DHHS): Select Agent Program
- Centers for Disease Control and Prevention (CDC)
- Permit requirements
- United States Department of Agriculture (USDA): Select Agent Program
- Animal Plant and Health Inspection Service (APHIS)
 Permit requirements
- Department of Transportation (DOT): Ground Shipping
- International Air Transport Association (IATA): Air Shipping
- NIH Guidelines for Research Involving Recombinant DNA Molecules

59 60

Registration of Research Protocols

- Institutional Biosafety Committee (IBC)
 Biological Agents, recombinant or synthetic nucleic acids (rsNA), biological toxins, prions & select agents
- Radiation Safety Committee (RSC)
- Institutional Animal Care and Use Committee (IACUC)
- Institutional Review Board (IRB)
- Conflict of Interest in Research Committee (COIRC)

IBC and **IBC** Protocols

- Research Institutions with NIH funding must register experiments using rsNA molecules with the Institutional Biosafety Committee (IBC).
- The IBC has responsibility for the oversight, review and approval of all biological research conducted at Saint Louis University and institutional compliance with federal, state and local requirements governing the use of biological materials.
- IBC protocols are active for five years
 - Annual continuing reviews (per NIH guidelines)
 - Ensures personnel, locations, etc. are up-to-date.
- All personnel listed on an IBC protocol are required to read the protocol as part of their eIBC protocol-specific training.
- Questions regarding IBC submissions, renewals, or continuing reviews can be emailed to elBC@slu.edu, or contact Patricia Osmack, IBC Manager

61 62

Shippers Training

- Training is required for anyone involved in the shipping or transport process
- Required Shipper's Training Includes:
 - General Awareness
 - Safety
 - Function Specific
 - Security Awareness
 - Dangerous Goods readied for shipment are a security risk and must be secured from unauthorized access prior to shipment.
 - All visitors must be escorted in areas where packaged Dangerous Goods await shipment.
 - Keep laboratory doors and cabinets holding dangerous goods closed and
 - Call DPS 314-977-3000 for any security issues.

Shipping Hazardous Materials

- Dangerous goods
- must be shipped in accordance with 49 CFR, Parts 171-180.
- Biological agents
 - Must be shipped following DOT and/or IATA guidelines.
 - Contact EHS with any questions about specific online training
- Shipping Chemicals

64

Please contact EHS prior to shipping ALL CHEMICALS

63

Occupational Health Program (OHP)

Awareness & Enrollment

- What is the OHP?
- The OHP is a medical surveillance program for assuring that employees are monitored (for occupational Laboratory and Animal Care Workers only).
- How do I enroll?
 - PI will be provided an OHP Medical Questionnaire for you to complete.
 - For work with animals, the PI will also provide a "Safe Handling of Animals for OHP" form for you to complete.
 - After you complete the form, it must be submitted confidentially (because it contains Personal health information) to the Occupational Health Program Manager.
- Can I choose not to participate?
 - If you choose not to participate in the OHP, you must notify the SLU Occupational Health Program Manager, Dr. Steven Cummings, in writing using the "Informed Consent Declination Documentation" form that is the final page of the OHP Medical Questionnaire.
 - Opting out of the OHP may prevent you from participating in certain research that is part of your job. This should be discussed with your supervisor.

eIBC Protocol-Specific Training

- All Saint Louis University laboratories are required to have and document **protocol-specific training*** for all faculty, staff, students, and volunteers working in the laboratory.
- Principal Investigators and Managers in labs that work with any biohazardous agent should:
 - Require all personnel to read eIBC Protocols on which they are listed
 - · Explain symptoms of accidental exposures to employees
 - · Require self-reporting in the event of illness
 - Require reporting of any spill or release of an agent to the supervisor and to EHS.

*This training should be documented in the Biosafety Training Form

Hazardous Exposure or Spill

- > Flush the contaminated area with water for ≥15 minutes
- Evacuate the immediate area around a spill
 Avoid leaving and tracking the spill to other areas
- Call Public Safety at 314-977-3000
- Provide Important Information:
 - Specific hazard name, exact location, amount spilled, phone #
- Avoid hazard inhalation, absorption and/or contamination

NEVER leave a message for an emergency !!!

Sharps Injuries

Notify your supervisor immediately, if available.

Determine risk of exposure to a biological agent.

Immediately report incident to supervisor and seek treatment at Concentra Urgent Care or the emergency room to determine treatment.

File an incident report as instructed by the Occupational Health Program (OHP).

Follow recommendations for follow-up treatment.

Contact Concentra Urgent Care:
3100 Market Street
St. Louis, MO 63103
Phone: 314-421-2357
Hours: 8AM-5PM

Emergency or After Hours Contact
SSM Health Saint Louis University
Hospital Emergency Department

67



69



70