

**Shannon Cooper-Sadlo, PhD/LCSW
Saint Louis University
School of Social Work**

shannon.coopersadlo@slu.edu

(314) 977-2726

EDUCATION

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| Saint Louis University, St. Louis, MO | 2010-2015 |
| PhD: Family Therapy | |
| Dissertation: Reweaving the tapestry: A phenomenological exploration of maternal substance use, incarceration, and reunification | |
| University of Denver, Denver, CO | 1995-1996 |
| MSW | |
| Concentration: Community Mental Health | |
| Saint Louis University, St. Louis, MO | 1989-1993 |
| BSSW | |

PROFESSIONAL EXPERIENCE

Faculty & Administrative Appointments

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| Saint Louis University, St. Louis, MO | |
| Associate Dean for Academic Affairs | 7/2022-present |
| Coordinator of UPS program | 7/2022-present |
| Program Director BSSW Program | 1/2019-7/2022 |
| Program Director BACCJ | 7/2019-1/2022 |
| Associate Clinical Professor | 7/2015-present |
| Assistant Clinical Professor | 2006-6/2015 |
| Concentration Chair: Clinical Concentration | 8/2015-8/2017 |
| Concentration Chair: Family Concentration | 2013-2014 |
| Quincy College, Quincy, MA | |
| Adjunct Professor | 2002-2004 |

Clinical Experience

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|---|----------------------|
| Foundations for Change, St. Louis, MO | 3/2016-10/2019 |
| Therapist | |
| Queen of Peace Center, St. Louis, MO | 7/2012-9/2015 |
| Clinical Supervisor Consultant | |
| St. Anthony's Medical Center, St. Louis MO | 2005-2007, 2008-2012 |
| Part- Time Staff Therapist | |
| South Bay Mental Health Center, Brockton, MA | 2001-2003, 2004 |
| Staff Therapist | |
| Clinical Supervisor | |
| St. John's Mercy Medical Center, St. Louis, MO | 1999-2000 |
| Psychiatric Social Worker | |
| Adapt of Missouri, St. Louis, MO | 1998-1999 |
| Community Support Worker | |

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| Mental Health/Mental Retardation Authority, Houston, TX Senior Caseworker/Assertive Community Treatment Team | 1997-1998 |
| Adapt of Missouri, St. Louis, MO Intake Coordinator/Special Projects Supervisor | 1996-1997 |
| St. Patrick Center, St. Louis, MO Entitlement Specialist | 1994-1995 |
| Promise House Youth Shelter, Dallas, TX Shift Lead | 1994 |
| Don Bosco's Children Center, Belleville, IL Early Childhood Teacher | 1993-1994 |

LICENSURE AND CERTIFICATIONS

Licensed by the State of Missouri in Social Work (LCSW): January 2001-present
 State of Missouri Qualified Clinical Supervisor (LCSW)
 State of Missouri Approved Clinical Supervisor (LMFT)

PUBLICATIONS

- Cooper-Sadlo, S., Swan, C., Chou, J., Patton, R. (in progress). Supervision and substance abuse counseling.
- Chou, J. L., Patton, R., Cooper-Sadlo, S., Swan, C., Bennett, D. S., McDowell, D., Zaarur, A., & Schindler, B. (2022). Stigma and medication for opioid use disorder (MOUD) among women. *International Journal of Mental Health and Addiction*, 1-12.
- Helton, J. J., Cooper-Sadlo, S. C., House, N. G., Adler, H., & Norton, L. (2022). Resilience of families involved in child welfare: A mixed-methods study. *Social Work Research*, 46(2), 153-161.
- Chou, J. L., Diamond, R. M., Muruthi, B. A., Cooper-Sadlo, S., Ibrahim, M., Hillier, S., Aponte, J., Herbert, D., & Montesinos & S., Zaarur, A. (2021). Ecostructural family therapy and maternal substance use. *Journal of Systemic Therapies*, 40(3), 50-66.
- Mancini, M.A. & Cooper-Sadlo, S. (2021). Dialectical behavior therapy for the treatment of borderline personality disorder (pp.179-190). In, N. Coady & P. Lehman (Eds) *Theoretical Perspectives for Direct Social Work Practice* (4th Edition). New York, NY: Springer Press.
- Chou, J. L., Cooper-Sadlo, S., Diamond, R. M., Muruthi, B. A., & Beeler-Stinn, S. (2020). An exploration of mothers' successful completion of family-centered residential substance use treatment. *Family process*, 59(3), 1113-1127.
- Mancini, M. A., Maynard, B., & Cooper-Sadlo, S. (2020). Implementation of an integrated behavioral health specialization serving children and youth: Processes and outcomes. *Journal of Social Work Education*, 56(4), 793-808.

- Cooper-Sadlo, S., Mancini, M. A., Meyer, D. D., & Chou, J. L. (2019). Mothers talk back: Exploring the experiences of formerly incarcerated mothers. *Contemporary Family Therapy*, 41(1), 92-101.
- Chou, J. L., Cooper-Sadlo, S., & Jos, A. (2019). Authoritarian parenting. *Encyclopedia of Couple and Family Therapy*, 192-195.
- Cooper-Sadlo, S., & Chou, J. (2019). AA. *Encyclopedia of Couple and Family Therapy*.
- Tyuse, S. W., Cooper-Sadlo, S., & Underwood, S. E. (2017). Descriptive study of older adults encountered by crisis intervention team (CIT) law enforcement officers. *Journal of Women & Aging*, 29(4), 281-293.
- Vaughn, M. G., Salas-Wright, C. P., Cooper-Sadlo, S., Maynard, B. R., & Larson, M. (2015). Are immigrants more likely than native-born Americans to perpetrate intimate partner violence? *Journal of interpersonal violence*, 30(11), 1888-1904.
- Chou, J. L., Beeler-Stinn, S., Diamond, R. M., & Cooper-Sadlo, S. (2014). Heroin and post-traumatic stress disorder in a women's treatment facility: An exploratory study. *Journal of Feminist Family Therapy*, 26(3), 138-162.
- Jos, A. C., Cooper-Sadlo, S., & Stillwell, D. H. (2013). Advancing current treatments: Women, poverty, and co-occurring disorders. *Journal of Feminist Family Therapy*, 25(3), 165-182.

Contributions to Publications

- Birkenmaier, J., Berg-Weger, M. & Dewees, M. (2011). *The Practice of Generalist Social Work*. (2nd ed). New York: Routledge.
- Berg-Weger, M. & Birkenmaier, J. (2011) Utilizing honest communication in the treatment of personality and substance abuse disorders. In H. Rosenthal (Ed), *Family Counseling and Therapy Techniques* (pp. 57-60). New York: Routledge.

PRESENTATIONS

Accepted Peer Reviewed Presentations

- Chou, J., Diamond, R., Cooper-Sadlo, S., & Muruthi, B. (2018, November). *Maternal substance abuse and ecostructural family therapy*. 1 hour workshop. American Association of Marriage and Family Therapy, Louisville, KY.
- Cooper-Sadlo, S. & Chou, J. (2018, June). *Mothers talk back: Exploring the experiences of formerly incarcerated mothers*. 1 hour workshop. National Organization of Forensic Social Workers, New Orleans, LA.
- Chou, J., Cooper-Sadlo, S., & Diamond, R. (2017, October). *Family-centered approach to treating heroin & PTSD in women*. 1 hour workshop. American Association for Marriage and Family Therapy, in Atlanta, GA.
- Cooper-Sadlo, S., Fearn, N., & McGuire, D. (2015, March). *Further exploration of the St. Louis County Drug/DWI Court*. Invited Presenter at ACJS: Orlando, FL.

- Cooper-Sadlo, S. & Jos, A. (2012, May). *Advancing current treatment: Poverty, women, and co-occurring disorders*. Presenter at the IFTA Conference, San Francisco, CA.
- Cooper-Sadlo, S, Peters, D., & Russo, J. (2011, April). *Ethics of care after client suicide: Personal and professional implications for therapist survivors*. Presenter at the MOAFT Conference, Saint Louis University, St. Louis, MO.

Invited Presentations

- Cooper-Sadlo, S. (2022, June). *Suicide assessment and interventions among older adults*. Invited Presenter at Saint Louis University.
- Cooper-Sadlo, S. (2021, September). *Families and addiction*. HRSA Grant.
- Cooper-Sadlo, S. (2021, August). *Ethics and clinical practice*. Invited presenter at St. Louis Counseling.
- Cooper-Sadlo, S. (2020, September) *Motherhood and mental health with incarcerated women*. Invited presenter at UT-RGV: School of Medicine
- Cooper-Sadlo, S. (2020, August) *COVID 19, inequity, and collective trauma*. Invited presenter at Saint Louis University: School of Medicine
- Cooper-Sadlo, S. (2020, July). *Mental health challenges during the COVID-19 pandemic*. Invited presenter at Saint Louis University: College of Public Health and Social Justice.
- Cooper-Sadlo, S. (2019, September). *Ethical issues with children and youth*. Invited Presenter Saint Louis University.
- Cooper-Sadlo, S. (2019, August). *Ethical issues with children and youth*. Invited Presenter Catholic Charities.
- Cooper-Sadlo, S. (2019, August). *Conflict management*. Invited Presenter at Saint Louis University Department of Public Safety.
- Cooper-Sadlo, S. (2019, June). *Suicide assessment and interventions among older adults*. Invited Presenter at Saint Louis University.
- Cooper-Sadlo, S. (2018, November). *Opiate addiction and the family*. Invited presenter at Catholic Charities.
- Cooper-Sadlo, S. (2018, April). *Conflict resolution and mediation*. Invited presenter at Catholic Charities.
- Cooper-Sadlo, S. (2018, April). *Borderline personality disorder and case management*. Invited presenter at Places for People.
- Cooper-Sadlo, S. (2018, March). *Opiate addiction and the family*. Invited presenter at Saint Louis University.
- Cooper-Sadlo, S. (2017, November). *Personality disorders: Assessment and intervention*. Invited presenter at Saint Louis University.
- Cooper-Sadlo, S. (2017, August). *Ethics for School Social Workers*. Invited presenter at Catholic Family Services.
- Cooper-Sadlo, S. (2017, June). *Brief family therapy approaches in practice with children and youth*. Invited presenter at Saint Louis University.
- Cooper-Sadlo, S. (2017, March). *Evidence based practices with children and adolescents*. Invited presenter at Catholic Charities.
- Cooper-Sadlo, S. (2016, December). *Motivational interviewing with eating disorders*. Invited presenter at Castlewood Treatment Center, St. Louis, MO.
- Cooper-Sadlo, S. (2016, October). *Conflict management*. Invited presenter at Catholic Charities, St. Louis, MO.
- Cooper-Sadlo, S. (2016, September). *Impact and role of family caregivers*. Invited panelist at Washington University Prison Education Symposium, St. Louis, MO.
- Cooper-Sadlo, S. (2016, September). *Personality disorders in the criminal justice system*.

Invited presenter at Federal Defender's Office, St. Louis, MO.

Cooper-Sadlo, S. (2016, July). *Motivational Interviewing*. Invited presenter at Pathways to Progress, St. Louis, MO.

Cooper-Sadlo, S. (2016, June). *Symposium on evidence-based practices with children and adolescents*. Invited presenter at Saint Louis University, St. Louis, MO.

Cooper-Sadlo, S. (2016, June). *DSM 5*. Invited presenter at Family Resource Center, St. Louis, MO.

Cooper-Sadlo, S. (2016, May). *Trauma-informed care*. Invited presenter at CHADS, St. Louis, MO.

Cooper-Sadlo, S. (2016, April). *Trauma-informed Care*. Invited presenter at Pathways to Progress, St. Louis, MO.

Cooper-Sadlo, S. (2016, April). *Conflict management*. Invited presenter at Catholic Charities, St. Louis, MO.

Cooper-Sadlo, S. (2016, April). *Keynote Address: A reflection of our profession's unique ability to adapt*. Invited presenter at MO-NASW convention, Branson, MO.

Cooper-Sadlo, S. (2016, February). *Personality disorders*. Invited presenter at Saint Louis University, St. Louis, MO.

Cooper-Sadlo, S. (2015, May). *Families in recovery*. Invited presenter at Saint Louis University, St. Louis, MO.

Cooper-Sadlo, S. (2015, March). *Childhood disorders*. Invited presenter at Catholic Charities, St. Louis, MO.

Cooper-Sadlo, S. (2014, December). *Families in recovery*. Invited presenter at Catholic Charities, St. Louis, MO.

Cooper-Sadlo, S. (2014, September). *DSM 5 and practice*. Invited presenter at ADAPT of MO.

Cooper-Sadlo, S. (2014, May). *Trauma-informed care*. Invited presenter at ADAPT of MO.

Cooper-Sadlo, S. (2014, February). *Families in recovery*. Invited presenter at Saint Louis University, St. Louis, MO.

Cooper-Sadlo, S. (2014, January). *DSM 5 and childhood disorders*. Invited presenter at Catholic Charities, St. Louis, MO.

Cooper-Sadlo, S. (2013, November). *DSM 5*. Invited presenter for the Center for Marriage and Family Therapy at Saint Louis University, St. Louis, MO.

Cooper-Sadlo, S. (2013, October). *DSM 5 and childhood disorders*. Invited presenter at Catholic Charities, St. Louis, MO.

Cooper-Sadlo, S. (2013, October). *Supervision refresher course*. Invited presenter at Saint Louis University, St. Louis, MO.

Cooper-Sadlo, S. (2013, April). *Formulating measurable treatment goals*. Invited presenter at Catholic Charities, St. Louis, MO.

Cooper-Sadlo, S. (2013, March). *Formulating measurable treatment goals*. Invited presenter at Catholic Charities, St. Louis, MO.

Cooper-Sadlo, S. (2011, April). *Social work mission and healthcare*. Invited presenter at DePaul Health Center, St. Louis, MO.

Cooper-Sadlo, S. (2011, February). *Disorders of childhood and adolescence*. Invited presenter at Catholic Charities and CASA, St. Louis, MO.

Cooper-Sadlo, S. (2011, March). *Clinical diagnosis in social work*. Invited presenter at Saint Louis University, St. Louis, MO.

Cooper-Sadlo, S. (2010, May). *Contemporary social work interventions for co-occurring disorders*. Invited presenter at Saint Louis University PPI, St. Louis, MO.

Cooper-Sadlo, S. (2009, November). *Disorders of childhood and adolescence*. Invited presenter at Catholic Charities, St. Louis, MO.

Cooper-Sadlo, S. (2009, September). *Differential diagnosis and personality disorders*.
Invited presenter at Saint Louis University School of Social Work CEU Series, St. Louis,
MO.

Field Instructor Certification

Cooper-Sadlo, S. (2011, May). *From practicum student to professional social worker*.
Saint Louis University, St. Louis, MO.

Cooper-Sadlo, S. (2010, June). *From practicum student to professional social worker*.
Saint Louis University, St. Louis, MO.

Cooper-Sadlo, S. (2009, June). *From practicum student to professional social worker*.
Saint Louis University, St. Louis, MO.

FUNDED RESEARCH

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|--|-----------------------------|
| SAMSHA/SBIRT Teaching Grant | December 2015-2018 |
| HRSA | January 2015- December 2017 |
| Saint Louis University, President's Research Fund | March 2013-Present |
| "Evaluation of the St. Louis County Drug and DWI Courts" | |
| Role: Co-Principal Investigator (PI: N. Fearn) | |

CONSULTATION TEAMS

| | |
|---------------------------------|------------------------|
| St. Louis Counseling | January 2018-present |
| Pathways to Progress | October 2015-June 2019 |
| CSWE Substance Abuse Task Force | June 2019- present |
| CSWE Trauma Task Force | January 2017-present |

TEACHING EXPERIENCE

Instructor

Saint Louis University, St. Louis, MO

- Mental Health and Criminal Justice
- Multiculturalism for Professionals
- Practice I and II: Assessment and Intervention with Individuals, Groups, and Families
- Human Behavior and the Social Environment
- Practicum Seminar BSSW and MSW
- Contemporary Interventions for Co-Occurring Disorders
- Introduction to Social Work
- Clinical Diagnosis and Treatment in Mental Health
- Evidence Based Practices in Mental Health
- Approaches to Trauma Care
- Advanced Social Work Practice
- Advanced Social Work Practice in Trauma with Children and Youth
- Group Practice
- CBT

Foundations of Family Practice
Families in Recovery
Evidence Based Practices with Children and Adolescents

Quincy College, Quincy, MA

Introduction to Social Work
Introduction to Human Services
Introduction to Helping Skills
Substance Abuse Counseling

Course Development

Contemporary Interventions for Co-Occurring Disorders
Clinical Diagnosis and Treatment in Mental Health
Approaches to Trauma Care
Advanced Social Work Practice
Evidence Based Practices with Children and Adolescents
Advanced Family Practice
Families in Recovery
Social Work Practice with Groups
Social Work Practice with Families

AWARDS AND HONORS

Saint Louis University, St. Louis, MO

Outstanding Professor of the Year 2008, BSSW Program
Outstanding Professor of the Year 2009, BSSW Program
Outstanding Professor of the Year 2011, BSSW Program
Outstanding Professor of the Year 2012, BSSW Program
Outstanding Professor of the Year 2012, MSW Program
Outstanding Professor of the Year 2013, BSSW Program
Outstanding Professor of the Year 2014, BSSW Program
Outstanding Professor of the Year 2016, BSSW Program
Outstanding Professor of the Year 2016, MSW Program
Outstanding Professor of the Year 2017, BSSW Program
Outstanding Professor of the Year 2017, MSW Program
Outstanding Professor of the Year 2018, BSSW Program
Outstanding Professor of the Year 2019, BSSW Program
Outstanding Professor of the Year 2020, BSSW Program
Outstanding Professor of the Year 2021, BSSW Program
Outstanding Professor of the Year 2022, BSSW Program
James Korn Teaching Award 2020
Kappa Alpha Theta Outstanding Professor, 2016
Nominated for Faculty Commitment to Experiential Learning Award, 2011